

April Muse

The Bladder Pipe or bladder horn is believed to be the forerunner of the crumhorn. This reed instrument has a loud and distinctive sound. The reed is within an animal bladder and not governed directly by the lips of the musician. One blows through a mouthpiece to inflate the bladder and moves the fingers over the tone holes.

There were different style instruments made. Some were one pipe, and others had two pipes. The second pipe was used as a drone in the same manner as bagpipe drones are used.



Large curved bladder pipes. Illustration to Cantiga no. 250 from the Cantigas de Santa Maria.



To listen to a bladder pipe

<https://www.music.iastate.edu/antiqua/mp3/Bladderp.mp3>



UPCOMING MOOTS & PRACTICES

Next. Moot: April 9 at Lady Mary and Lord Alessandro's house in Rothschild

Sunday May 7 at Baron Janvier and Baroness Alex's house in Stratford during Artisan's Circle

Heavy Weapons and Fencing Practice, See the Shire Facebook page:

<https://www.facebook.com/groups/102651729820675/>

If you have anything you want to share, please contact Lady Anna at: hollyheise@gmail.com



Courtesy of Lady Beatrice

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PROFOUND MEWSINGS*Let's Get Nuts*

Hazel or filbert nuts have been recorded as food for hundreds of years in both Europe and Asia. They are also called cobnuts because they grow in clusters. Pliny the Elder wrote that these nuts originated in Damascus. Fossilized remains show them growing in Chinese soil for thousands years earlier than the birth of Pliny. In 1995, a large-scale filbert nut processing center was discovered in a pit on the island of Colonsay in Scotland. The shells at this site are believed to be some 9,000 years old.

The filbert nut is said to be named after St. Philbert's Feast Day. Saint Philibert of Jumieges was a French monk. The English wrote the name as St. Filbert. His Feast day is August 20. It is used as harvest date for the filbert nuts in Kent England. Another reason that these nuts may have been called filberts is that the Germans may have called them Vollbart which means full beards. This name may have come about from the shape of the green outer husks.

Saint Philbert is perhaps best remembered, as the father of Saint Bunstable (Hero of song and legend).

To Serve,

Lady Anna Meyer

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Contact the Chronicler, Lady Anna Meyer (MKA Holly Heise), for further information, HollyHeise@gmail.com This publication will be available on the Falcon's Keep webpage at www.falconskeep.org. If you require a paper copy, please contact the Chronicler. If you wish to make a contribution to defray mailing costs, please give it to the Exchequer of Falcon's Keep.

Pork And Apricot Mintuel, modified:

1Lb of Pork joint (tenderloin roast)
1 1/2 cup white grape juice
1 1/2 cup stock or water
3 Tsp olive oil
2 Tsp soy sauce
2 medium onions (or large bulbed spring or young onions in season)
1Tsp cumin seeds
1/2 tsp black pepper
1 tsp dill weed, chopped
2 tsp honey
2 tbsp vinegar
3 oz. fresh or dried apricot
Rice flour as needed to thicken (Approximately 3 tbsp)

Approx. 1/4 cup olive oil and 2 tbsp salt for the pork roast rub

Mix olive oil and salt, and rub on pork roast. Roast the pork until it is well done and the skin is crisp. Set aside to cool completely, then dice the meat.

Mix the juice, stock, olive oil, soy sauce, chopped onion in a sauce pan and bring to a gentle simmer, until the onion is cooked.

Add the cold meat and meat juices, skimmed of fat, and continue simmering.

Roast the cumin seed and grind with black pepper. Add the roasted ground cumin, black pepper, dill, honey, vinegar, and apricots.

Continue simmering.

Add rice flour at intervals, stirring constantly. It will take some time for the sauce to thicken. Use as much or as little rice flour to thicken the sauce as you like.

Note: This recipe is altered from the original due to unavailable ingredients and approximating sizes from metric. However, most of the ingredients and all spices are present.

Original source: Cooking Apicius: Roman Recipes for Today, Sally Grainger

Sultan's Chickpea Pilaf

1/3 cup dried chickpeas
2 tsp butter
1 onion, chopped
1 generous cup long grain rice, rinsed and drained.
2 1/2 cups of water or chicken stock
salt and pepper to taste

Drain the chickpeas, put them into a pan with plenty of cold water. (note: this is just for to cook the chickpeas.) Bring to a boil and boil for one minute. Lower the heat, and simmer the chickpeas for 45 minutes, or until tender. Drain and rinse well under cold water. Remove loose skins.

Melt the butter with the oil in a sauce pan. Add the onion and cook the onion until it softens. Add rice and chickpeas, then the water or stock. Season with salt and pepper, then bring to a boil.

Lower the heat, partially cover the pan and simmer for 10-12 minutes, until all water has been absorbed.

Turn off the heat, cover the pan with a clean cheesecloth, and put the lid on top tightly. Leave the rice to steam for 10 minutes, then fluff with a fork and serve.

Note: You may wish to use canned chickpeas if you find the idea of shelling them tedious.

Source: Recipes from a Turkish Kitchen, Ghillie Basan

WHAT HAVE WE DONE?!

Moot March 5, 2017 At the house of Lady Kate As recorded by Lord Pedro

Seneschal: Will be resubmitting officer paperwork for Quinn. Will meet with Lord Pedro later in the month for transition.

Chatelaine: Lady Emelye and Lord Justinian attended the meeting for Wasabi-con. There will be a scheduling conflict with Mermaids; Emelye will commit to running an A&S booth/"petting zoo" at the Con. Depending on interest, a fighting demo could be run. This will be discussed again in later moots.

On a related note, it was noted there needed to be a tote for the A&S zoo and possibly a smaller chain-maille shire purchased for youth demos.

Chronicler: Mewsletter for April started.

Exchequer: Still solvent. Please finish submitting Haire Affaire receipts if you still have them.

Herald: No new business.

Web Mistress: Will be upgrading/taming website in near future due to expected free time.

MOAS: Rapier hood making was discussed. Considered to be an easy entry level project. There will be co-ordination with Lady Arianna and Baron Janvier for needed fabric.

Rapier: 2 new authorizations. Preparing for Gulf Wars; there will be a practice that week, but not the following (UWSP spring break).

Thrown Weapons: No new business.

Old Business:

Haire Affaire Debriefing

Lady Emelye purchased a new shiny cash box for use at events. A new system for trolling in was suggested due to certain problems. This includes a cheat sheet for various combinations of fees.

Merchant issues were discussed, ranging from table placement to possible table rentals or merchant provided tables.

YEP, WE REALLY DONE IT NOW

Classes: A projection screen would have been very helpful for a certain class.

Fighting tournaments went well.

His Majesty had a fun time at the event.

Her Majesty regretted being unable to attend most of the event, but appreciated the efforts to accommodate her dietary needs at Feast.

New Business:

Artisan's Circle Returns

Janvier announced the return of the Artisan's Circle event. The only structured feature currently is the Blacksmith's Challenge. Folks who attend are encouraged to do what they like, and share or teach it as they see fit. Scheduled classes may be added, so stay tuned. No entry fees; donations are politely encouraged. After some discussion, the event date was set on May 6-7. Folks may come on May 5 (Friday) to set up tents or do final touching up. Janvier would appreciate help in the weeks before for cleaning and setting up.

Future Moots:

April 9, Wausau (Lord Alessandro and Lady Mary)

May 7, Stratford (Artisan's Circle; Baron Janvier and Baroness Alex)

Saturday, June 17, Marshfield (Lady Isabella)*

July 30, Wisconsin Rapids (Lady Arianna, Lord Rogan. WORK MOOT)

Poorman's Pennsic: August 11, 12, 13.

* Late Breaking News... An opportunity to Demo on this date has been presented to certain members of the Shire. It will be discussed at the April moot.

As always, any errors, omissions, or losing track of time is the sole responsibility of your humble scribe.

YIS,

Pedro

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NORTHSHIELD EVENT CALENDAR



April, 2017

Bardic Madness XXVII Poisson d'Avril Saturday April 1-2, 2017 51
Barony of Jararvellir (Waterloo WI)

Northshield Spring Coronation Saturday April 8, 2017 51
Shire of Korsvåg (Moorhead MN)

Fighter's Symposium and War College Saturday April 15, 2017 51
Barony of Jararvellir (Stoughton WI)

Road to the Isle XX Saturday April 22, 2017 51
Shire of Mistig Waetru (Lake Linden MI)

SCA Board Meeting Saturday April 22, 2017 51
(Bloomington MN)

Provost Challenge Saturday April 22-23, 2017 51
Shire of Coldedernhale (Pierre SD)

Falcon's Keep Regional Practice Saturday April 29, 2017 51
Shire of Falcon's Keep (Stevens Point WI)

May, 2017

Artisan's Circle Saturday May 6-7, 2017 52
Shire of Falcon's Keep (Stratford WI)

Northshield Spring Crown Tournament. Saturday May 13, 2017 52
Barony of Windhaven (Fond Du Lac WI)

ITT's CAT! Idonea's Throwing Thing and Crispin's Archery Thing Friday May 26-28, 2017 52
Canton of Nordleigh (Elko MN)

June, 2017

Mermaids Retreat XXIV Venetian Carnevale Friday June 2-4, 2017 52
Shire of Turm an dem See (Valders WI)

Known World Dance & Music Symposium Thursday June 15-18, 2017 52
Kingdom of Atlantia (Timonium MD)

Thatsa Mare - "Cry Havoc!....." Friday June 16-18, 2017 52
Shire of Mare Amethystinum (South Gillies ON)




Northern Realms War Thursday June 22-25, 2017 52
Shire of Noiregarde (Piedmont SD)

Known World Heraldic and Scribal Symposium Friday June 23-25, 2017 52
Kingdom of Meridies (Knoxville TN)

July, 2017

Pennsic War 46 Friday July 28 - Sunday August 13, 2017 52
Kingdom of Æthelmearc ()

The Legend of the Northshield Calendar

His Majesty will at-  Her Majesty will at-
 The Fyrste will attend  The Tarkhan will
