

MEWSLETTER

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Artsy Fartsy Weekend

Last month, Janvier and I hosted, what we called an Artsy Fartsy Weekend. The idea behind this weekend was a time to get together and work on A & S projects. So many times at events, there is so much going on, there is no time to just sit, chat, learn and work on unfinished projects. The other reason for the weekend was to set up the forges and do some blacksmithing. This is not offered at many events, so access to learning and practicing is limited.

I think the weekend was very successful! We had 3 forges going and at one point there was 12 people playing with fire and banging on metal. Some of the items that were made were a fork and spoon, a pot lifter with a leaf and Janvier even got some blacksmith tongs repaired.

Our own Lady Beatrice helped people make paper of different colors, and when the rain chased everyone inside, taught several people wire weaving. Lady Isabella oversaw making wire into chain mail, links and coils. Lord Alessandro and Jose carved molds from soapstone and cast at least a few dozen pewter tokens.

Each night we had a bonfire going. Friday, it was clear and we could see the stars and talk about the constellations. Saturday was cloudy, so no stars, but we had songs and stories. There was much laughing and a bit of wine roulette.

Sunday morning was very relaxed after a hectic day and late night. Later we had the moot, but I will let Lord Pedro go into details. For the main course of the pot luck, we made pork in the fire. Besides Shire members, we had people come from as far away as Jararvellir. At the moot we did discuss making this an official SCA event. The big advantage is that we can be on the calendar, and will not conflict with other events. I hope everyone had a good time and can come again next year

Baroness Alexandra der Wasserman

JULY 20 WORKMOOT FOR POOR MAN'S

1:00 Sunday at Lady Arianna & Lord Rogan's

UPCOMING MOOTS AND PRACTICE

- July 20-work moot for Poor Man's



Rusty Blades: The Falcon's Keep team with the plaque we won. See page 2

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THE CHRONICLER'S QUILL

Greetings from Mistress Ealasaid nic Phearsoinn,

Today I'll use my soapbox to talk about Over the River and into the Woods, a delightful small event in the recently elevated Shire of Hvitskogar (Ironwood MI). It's really not any further than Boar's Head or Nordskogen and is blessed with much better weather, so more of us should try going. I have been invited to enter the Rusty Blades Cooking Challenge, so our Falcon's Keep team consisting of me, Guttorm and several other Keepers (Emelye, Alex and Janvier, Knut and Alys) made the trip. There was a little of everything such as fighting, A&S, dance and of course cooking. In 2 separate kitchens we worked most of the day. Preparing our Peasant Feasts Our team served a 12th C Danish Viking Feast while the other team served a 6th C Roman feast. The main ingredients overlapped (chicken, barley, vegetables), but there the similarity ended. Roman flavors are more complex! We won by a hair and took home the plaque along with an invite to defend our title next year if we wish.

Whether or not we choose to defend, I expect we will revisit Hvitskogar!

YIS, Ealasaid



Ealasaid with one of the competing team members. Note the similarity of my Finnish apron dress to her peplos.



Fighter Practice Summer rotation

July 7– Rapids

July 14-Stratford

July 21 Mosinee

July 28 Rapids

Please note there is also a Saturday practice schedule in public parks,

July 19 Mead Park

July 26 Iverson Park

Web pages :

www.sca.org

www.northshield.org

www.falconskeep.org

www.uwsp.edu/stuorg/falcon/index.htm

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Submissions are accepted until the 20th of the previous month, preferably as a Word document inserted into an email. Submissions are the property of the contributor and may not be used without permission of the author or artist. Contact the Chronicler for further information.

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Moot June 8 2014

At Baron Janvier and Baroness Alex's house (Artsy Fartsy weekend)

Old Business:

Discussion of turning "Artsy Fartsy" into an official event.

Merrill SCA Demo. Possible alternative to the Griffin Needle Challenge (on the same day).

Hvitskogar event (Over The River and Through The Trees) 'Iron Chef' competition entry.

Discussion on new site for Haire Affaire.

Poorman's Pennsic planning. This included volunteering for the Chili Feed.

Volunteers for Known World Bardic/ Cooking event.

Note of possible change of schedule for Pennsic War, which will have an impact on Poorman's Pennsic attendance.

Officer Reports:

Seneschal: Poorman's site contract in the mail. Insurance for event submission will be June 9.

Chatelaine: No New Business.

Exchequer: Current balance \$12,578. Haire Affaire final report shows the event made a profit, thanks to Rock Tourney and Silent Auction proceeds.

Chronicler: Ealasaid noted that she wished to relinquish the position, and asked for a deputy to train. Holly graciously volunteered to be a deputy. She also requested Baroness Alex for an event report.

Webminister: Yoshi asked for new content for the website. The Poorman's site is currently under construction.

Knights Marshal: Yoshi announced to the moot that Ron had body armor for sale. It was noted that the Shire had a need for loaner armor. After a vote, the Shire will buy the armor.

Yoshi also noted the summer schedule for fighter practice was posted in various places in cyberspace, including the Shire website.

Rapier Marshal: No New Business. Baron Janvier noted that ARRG was a good event for the Shire's fighters, and recognized a new authorized fighter: Quinn; new marshals were also recognized. (Note: your obedient servant failed to note who they were...) Loaner armor would be welcomed.

Herald: No New Business.

MOAS: Beatrice noted several AS projects that were active at Artsy Fartsy, including papermaking. Planning for future AS projects after moots, starting in September, were discussed.

Event Reports:

Artsy Fartsy: After some discussion, a vote was taken for next year's event to be a fully sanctioned event. This discussion included improvements that would need to be undertaken, such as a portapotty. There was also the need for volunteers to prepare the site. The vote carried unanimously.

As it will now be a fully sanctioned event, a name change is in order. Anyone with an idea for a new name should contact either Janvier or Ealasaid; all suggestions will be printed in the September Mewsletter for a final vote.

Poorman's: With TWO MONTHS remaining, there are some final items that were addressed. An archery marshal is tentative, pending confirmation. This is due to Kate's gentle suggestion.

An Equestrian Marshal is still unconfirmed as of this meeting.

There is a possibility that the Northshield Choir will be performing at Poorman's.

There will be a Bardic Circle- really!

Due to other commitments, Arianna and Rogan will be unable to set up or break down site this year. It will be more urgent than ever for volunteers. The trailer will be loaded in July (possibly at the work moot) for easy access in August.

Baroness Alex will update via e-mail.

Sources: for the Viking Farmer's Feast

Flatbread is adapted from a modern recipe substituting spelt flour for wheat and honey for sugar.

Herb Pottage with Cheese is adapted from Wild Leaf Herb and Cheese Pottage p44 in:

Serra, Daniel and Tunberg, Hanna, An Early Meal -A Viking Age Cookbook & Culinary Odyssey-ChronoCopia Publishing Furulund Sweden 2013.

Traveller's Pottage is adapted from a recipe of the same name in Serra and Tunberg (above) p98.

Chicken Pasty is based on Recipe XXX[K24] How to prepare a chicken pasty:

Grewe, Rudolph and Hieatt, Constance editors. Libellus de arte coquinaria: An early Northern Cookery Book. Arizona Center for Medieval and Renaissance Studies, Tempe AZ 2001.

The dough for the crust is from Finnish Fish-filled "Rooster" (Kalakukko) in:

Ojakangas, Beatrice. The Great Scandinavian Baking Book. University of Minnesota Press Minneapolis 1988 p296.

Viking Fattigman is adapted by combining two recipes from Okangas (above)

p130 Finnish Barley Cookies (Ohrapiparit)
p161 Norwegian Fancy Sticks (Hjortebakelse)

Viking farmer's feast

This is for a Viking of average means. He is a dairy farmer who keeps a few chickens and maybe a pig or two to eat the scraps. He can grow some barley, rye and/or oats, maybe even spelt in a good year but would have to buy imported wheat which he can't really afford. He found a hive of wild bees and saved the honey for a special occasion. In summer, his wife and children can gather wild greens. He has no oven--cooking is over an open fire. The bread is flatbread and in order to bake the chicken in the fire without burning it, his wife covers it with a coarse rye dough making a sort of pasty. If baked in the fire, the crust would probably be discarded before eating.

Flatbread

Oatmeal 2 cups
Spelt flour 2 cups
Honey 2 Tbsp
Salt 1 tsp
Melted butter ½ cup
Water as needed to make dough

Mix all ingredients. Roll out 1/8 inch thick and bake on a hot griddle flipping when the edges are dry.

Herb pottage with cheese

Spinach briefly parboiled and chopped
Fry in butter with a little garlic
Toss with feta cheese

Treveller's porridge

¼ lb bacon—fry and save part of the grease
1 large leek sliced—saute in bacon drippings
1 lb pearl barley
12 cups water
12 tsp chicken soup base

Cook barley until done adding cut up bacon and leeks

Chicken pasty

For dough:
2 cups sourdough
2 cups water
1 tsp salt
4 cups rye flour
2-3 cups flour

Knead and let rise. Roll out. Fill with chicken breast fillets, bacon and sage leaves.
Bake until chicken is cooked through.

Viking fattigman

1 egg beaten with 1 heaping Tbsp honey
2 Tbsp melted butter
½ cup barley flour
½ cup flour

Roll out, cut in rectangles, tuck corner and deep fry (I use Crisco-viking would use lard)

EVENT CALENDAR



July 2014

Warriors and Warlords Thu-Sun July 10-13 Barony of Jararvellir

Pirates, Knaves & Idiots Thu-Sun Jun 10-13 Shire of Noiregard (Piedmont SD)

Rabid Yale Fri-Sun July 25-27 shire of Coldedernhale (Pierre SD)

Pennsic War 43 Fri July 25-Sat Aug 10 Barony of the Debateable Lands (Slippery Rock PA)

August 2014

Poor Man's Pennsic Fri-Sun Aug 8-10 Shire of Falcon's Keep (Wisconsin Rapids WI)

St Radegund's Fair Fri-Sun Aug 15-17 Shire of Rivenwood Tower (Mankato, MN)

Crispin's Archery Thingy Fri-Sun Aug 29-31 Barony of Nordskogen (East Bethel MN)

BYOM Sat-Sun Aug 15-17 Shire of Vilku Urvas (Deer River MN)

Known World Bardic Congress & Cook's Collegium Aug 29-Sept1 Barony of Jararvellir (Wisc Dells WI)

Battle of Clontarf 1000 Anniversary Fri-Mon Aug 29-Sep1 Barony of Castel Rouge (Giml MB)

September 2014

Northshield Fall Coronation Sat Sept 13 Shire of Silfren Mere (Rochester MN)

Griffon Needle Challenge Fri-Sat Sept 19-20 Shire of Falcon's Keep (Stratford WI)

Bardic Blades Fri-Sun Sept 19-21 Shire of Dreibruken (Medora ND)

Hrothgar's Hall Fri-Sun Sept 19-21 Shire of Trewint (Cavour SD)

Honor over Glory Sat Sept 27 Shire of Skejrastrond (Iron Mountain MI)

Rose Tourney Fri-Sun Sept 26-28 Canton of Blachmere (East Bethel MN)

Regional Practice Sun Sept 28 Barony of Jararvellir (Madison WI)

October 2014

Northshield Fall Crown Tourney Sat Oct 11 Shire of Korsvag (Fargo ND)

November 2014

Northshield Dance Seminar XXII Sat Nov 1 Barony of Jararvellir (Madison WI)

Officers Day Sat Nov 8 Shire of Rockhaven (St Cloud MN)

Live by the Sword Sat Nov 22 Barony of Windhaven (Green Bay WI)

January 2015

Nordskogen Twelfth Night Sat-Sun Jan 10-11 Barony of Nordskogen (Ramsey MN)

February 2015

Haire Affaire: A March to War Sat Feb 21 Shire of Falcon's Keep (Auburndale WI)

Fighter's School Sat Feb 28 Barony of Windhaven (Fond du Lac WI)

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