

NEWSLETTER

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JULY 2013, ASXLVIII



PERIOD CAMPING WITHOUT FOOD POISONING

There are two approaches.

The first is to follow normal modern rules of food safety and just find a way to hide the stuff you need. Keep cold foods below 40 degrees and hot foods above 140 degrees. Make a cover to hide the cooler, and stash the propane stove out of sight. Bring canned items and plenty of Clorox wipes. This works, it's fairly easy and you get edible food, but even if you use period recipes, you don't find out how medieval people really cooked.

The more challenging way is to try to do what your persona would have done. Bring foods that you know travel well. Some foods naturally keep for weeks even at high temperatures without refrigeration. Think about flatbread (not squishy and too dry to mold), nuts and seeds,

and vegetable oils. If you expect to be able to build a cooking fire, you can also bring grains and dried legumes. Since they were used to living without refrigeration, medieval people depended on other methods such as drying and smoking to preserve food even at home. Currently only beef jerky and a few hard sausages are safe without refrigeration, but in period most of the fish, ham and sausage were smoked and dried enough to keep for months. Medieval people made butter, cheese, and skyr/yogurt as ways of preserving milk. These items, especially aged cheese, are suitable for travel, but need to be used in the first few days, especially in warm weather. If weight is not a concern root vegetables and firm fruits like ap-

ples are also good for days to weeks depending on temperature. When travelers made a cooked dish such as soup, stew or porridge they would either keep it on the fire till it was all eaten or would reboil the leftovers before eating (which would kill most dangerous bacteria). Medieval people also could try to live off the land by collecting seasonal berries and herbs as well as hunting, but these are rarely options at SCA events, so you may have to run off to a store if you run out of food or it goes bad.

If you want to learn something new this summer, think about trying to move from the first approach toward the second. You don't have to do it all at once.
By Mistress Ealasaïd

JULY 28 MOOT

At the home of Lord Rogan and Lady Arianna, 1pm
4321 80th St S., Kellner, WI (715)213-2069
Preparation for Poor Man's

UPCOMING MOOTS AND PRACTICE

- *July 28 Moot Lord Rogan and Lady Arianna. Preparation for Poorman's*
- *Fighter practices*
 - July 1 Mosinee*
 - July 8 Stratford*
 - July 15 Rapids*
 - July 22 Mosinee*
 - July 29 Stratford*

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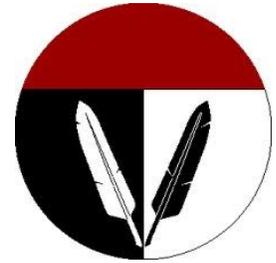
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THE CHRONICLER'S QUILL

Greetings from Mistress Ealasaic nic Phearsoinn,

The June moot was a shining example of our Shire acting as an extended family. Just hours before the moot, Janvier's mother who had been ill took a turn for the worse. Even as they were packing Alex and Janvier thought first of the Shire. They wanted to keep the moot and subsequent archery and thrown weapons practice at their home, even though they could not be there. Many stepped in with offers of help from Emelye making sure their car got to the shop as scheduled, Justinian taking responsibility for setting up the archery, and multiple people cleaning up, checking on the cats, etc. Janvier's mother lost her battle with cancer on Tuesday. Our thoughts go out to him and his mundane family.

Yours in service, Ealasaic



Fighter Practice Summer Locations

Mosinee

Yoshi and Caoilfhionn
(715)814-1096
610 Moon Rd Lot 37

Rapids

Arianna and Rogan
(715)213-2069
4321 80th St S,
Kellner, WI

Stratford

Alex and Janvier's
(715)897-4497
5192 Long Drive,
Stratford

BOOK REVIEW: SECRET MURDER WHO SHALL JUDGE?

This well-researched historic fiction by Ellen Kuhfeld (also known as Mistress Ellie Lutemaker) is set in a world where North America was colonized by Europeans in the 11th century. A murder occurs at a trade fair where the Anglo-French Empire of the Mississippi meets the Viking lands to the north. The Viking leader and the baliff for the local baron are both trying to solve the crime, each according to his own system of justice, but which one is right? If the victim and the accused are both Vikings, does the English law apply to them? The deceased was outlawed which meant, under Viking Law, that any who wished had the legal right to kill him without penalty, but here at there fair, there was supposed to be a truce, and any killing was a crime. While the two teams try to find the truth behind the killing, the reader is offered a view into two medieval cultures. I highly recommend this book to any who have an interest in 11th century cultures.

Mistress Ealasaic nic Phearsoinn

OBLIGATORY BORING DISCLAIMER

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Submissions are accepted until the 20th of the previous month, preferably as a Word document inserted into an email. Submissions are the property of the contributor and may not be used without permission of the author or artist. Contact the Chronicler for further information.

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Web pages :

www.sca.org

www.northshield.org

www.falconskeep.org

www.uwsp.edu/stuorg/falcon/index.htm

June 23 Moot Minutes

By Lady Emelye Ambroys filling in for Lord Pedro who was unable to attend

Moot held at the home of THL Alexandra and THL Janvier who kindly allowed the use of their home even though they were called away due to a family emergency.

We have a new Seneschal. Lord Alessandro took over from Lady Beatrice. This was his first meeting as Seneschal. As a change in the way the meetings are held, we went over old business first.

Old Business: Yoshi is now moderator of the yahoo group. If you would like to be added to the yahoo mailing group, please contact him. The officers also have new email addresses with passwords. The new addresses are with outlook.com. Blanket trading at Poor Man's was also discussed. We will be having a blanket trade, which Lady Mary volunteered to run. Lord Alessandro and Lady Mary also purchased the lanterns that were discussed.

Officer Changes: Lord Alessandro has taken over as Seneschal. Lady Beatrice stepped down as Seneschal and stepped up as MOAS. Lady Mary stepped down as exchequer. Lady Arianna stepped up as exchequer.

Chatelaine: Introductions to new people in attendance. The Kelley Castle demo will be on September 15. Pete will allow camping this year if there is interest. Kiku will also be bringing a canoe to assist with getting items to the island. School is out for the summer for the students of Falcon's Gate. Kiku will also be ordering business cards without email addresses pre printed on them.

Knight's Marshall: Preliminaries for the Shire Championship to be held at Poor Man's are scheduled for the Monday before Poor Man's.

Web Minister: Would like information about Poor Man's.

Exchequer: The shire account has a healthy balance. A \$300 down payment was made for the Poor Man's site. She did not have the final numbers from Bardic Madness with her, but will forward those along.

Chronicler: Looking for content. Would encourage anyone to submit something. Stories from events, stories about projects, etc. Also, was contacted by one member to receive a paper copy

Rapier Marshall: Was not present due to a family emergency.

Equestrian Marshall: Anna reported that attendance at Border Skirmish was good and that the equestrian participants ran the whole gamut of events. A member of Falcon's Gate also authorized at the event. Deb Schwieso would like to hold a practice at her home. She is working on becoming a marshal and needs to hold a recognized practice. The practice will probably be held in September. We will be getting equestrian insurance to cover for one year to hold practices at a particular site on certain dates. The cost for this insurance is \$50.

New Business: Sons of Norway will be hosting an event at the long house with a ferrier. This event is tentatively scheduled for September 7. It will be held at the long house of Baron Guttorm and Mistress Ealasaid.

Poor Man's: Site fee will be \$15 for Friday arrival and \$10 for Saturday arrival. There will be no additional tent fee.

Pedro will be contacting Jamaican Kitchens.

Ralik has a contact who would be willing to roast a pig for us for Poor Man's. However, due to cost, this will not be happening. We will be hosting a pot luck on Saturday night, as well as the chili feed on Friday night. There will also be brewing and vintnig competitions on Friday night, as well as Guttorm telling Viking Sagas.

We are looking for teachers. Anyone interested in teaching a class, please contact Kiku.

Lady Beatrice will have a flyer printed up for WW.

Windhaven has contacted us and is interested in combining Poor Man's and Fall Fest and hosting and event as a joint venture. This will be looked into further.

The next moot will be July 28 at the home of Lady Arianna and Lord Rogan in Wisconsin Rapids.

EVENT CALENDAR



July 2013

Warriors and Warlords XX, Thur-Sun July 11-14, Barony of Jararvellir (Boscobel, WI)

Ministers and Magistrates, Fri-Sun, July 12-14, Shire of Coldedernhale (Chamberlain, ND)

Pennsic 42, July 19-Aug 3, Kingdom of Aethelmearc (Slippery Rock, PA)

August 2013

Poor Man's Pennsic Fri-Sun Aug 9-11 Shire of Falcon's Keep (Wisconsin Rapids, WI)

St Radegund's A&S Fair Fri-Sun Aug 16-18 Shire of Rivenwood Tower, (Mankato, MN)

BYOM XV Fri-Sun Aug 23-25 Shire of Vilku Urvas (Deer River, MN)

Rose Rises II Fri-Mon Aug 30-Sep 2, Canton of Coille Stoirmeil (New Lisbon WI)

O'Ship Fri-Mon Aug 30-Sept 2 Barony of Castel Rouge, (Gimli MB)

September 2013

Fall Coronation, Fri-Sun Sept 13-15. Shire of Skerjastrond (Gwinn, MI)

Pas d'Armes ..., Fri-Sun Sept 20-22, Canton of Blachemere (East Bethel MN)

Hrothgar's Hall Sally Forth Fri-Sun Sept 20-22 Shire of Trewint (Cavour SD)

Ironwood Brewing and Vintning Symposium Sat Sept 28, Canton of Coille Stoirmeil (New Lisbon WI)

October 2013

Schutzenfest Fri-Sun Oct 4-6 Barony of Nordskogen (Zimmerman, MN)

Fall Crown Sat Oct 12 Canton of Blanchmere (Ramsey MN)

Griffin Needle Challenge Fri-Sat Oct 18-19 Barony of Jararvellir, (Madiosn, WI)

Masquerade Sat Oct 19 Shire of DreiBruken (Bismark ND)

Rhythm & Bruise: Strong Like Bear Sat Oct 26 Shire of Kirsvag (West Fargo ND)

December 2013

Feast of Bull's Head Sat Dec 7 Barony of Caer Anterth Mawr (West Bend WI)

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Seneschal: Lord Alessandro (MKA Jason Welker)

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