

# The Newsletter

September AS XLIV,  
Volume XIX, Issue 9

The death of  
Harald Hardraade  
at  
Stamford Bridge  
September 25, 1066



Published on behalf of the shire of Falcon's Keep and student members of Falcon's Gate

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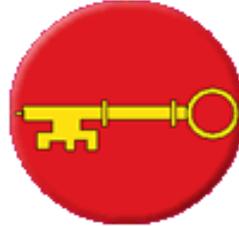
## Disclaimer

This is The Mewsletter and it is published on behalf of the Shire of Falcon's Keep and the student members of Falcon's Gate, the Central WI chapter of the Society for Creative Anachronism (SCA). It is not a corporate publication of SCA, Inc. and does not delineate SCA policies. For official publications, contact SCA, Inc., Offices of the Registry, PO Box 36073, Milpitas, CA 95036-0743.

Submissions are accepted until the 15th of the previous month, preferably as a Word document inserted into an email. Send to both the Chronicler and Deputy Chronicler. The last Thursday of the previous month is the mailing date. Submissions are the property of the contributor and may not be used without permission of the author or artist. Contact the Chronicler for further information.

The Mewsletter is published monthly. It is available from Elspeth Christianson, C3808 Heartland Hills Rd, Stratford WI 54484. As of January this publication will be available on the Falcon's Keep webpage at [www.falconskeep.org](http://www.falconskeep.org). If you require a paper copy please contact the chronicler. If you wish to make a contribution to defray mailing costs, please give it to the Exchequer of Falcon's Keep.

## Greetings from the Seneschal



Thank you thank you thank you!! To all who helped make Poorman's work and tirelessly gave many hours of their time to set up, run troll, run list fields, pick up garbage, and tear down site....Thank you! The general consensus is that we liked the new site. I was particularly happy that no emergency services (ie ambulance, police, fire) were needed for the duration! We're going to make some changes next year...we'll move the merchants into the Lion's Den building and we'll move quiet camping over where the merchants were. This should make quiet camping a little happier to be further away from loud; loud camping will have more trees, and the merchants won't have to bring tents! I hope all of you had as good of an event as I did.

The next moot will be at Lord Janvier and Lady Alex's home in Stratford. Lady Alex made mention that if the weather is nice we may be able to have an impromptu archery shoot in the backyard! So bring your bows, let's have some fun!. There are still some things we need to discuss.

1. Moving our storage unit closer to the Lions Club. I will have some rates by then so we may compare.
2. Avri has graciously accepted the job of autocrat for Haire Affaire....she will need a co-autocrat to help her.
3. We need to decide if we wish to go back to Marathon Park for Haire Affaire.

If there are any other issues you wish to bring up please email them to me at [tigers@wctc.net](mailto:tigers@wctc.net) before the moot.

See you then!

Arianna

## *The Chronicler's Quill*



Greetings onto the folk  
of the Shire of Falcon's Keep,

Thanks to those who contributed on time to allow me to get this Mewsletter out before leaving for vacation. Guttrom and I are going with our son Knut to revisit Viking lands in Shetland and Norway. We hope to have many tales and pictures to bring back.

The August moot was at the storage unit and this was a great idea. With many people to help we were able to get it cleaned out very quickly. Actually the whole summer has gone by very quickly. It is difficult to believe that autumn is just around the corner. For those who remember the castle demo last year, it is happening again on Sept 19. Please contact Marie Dudely if interested in participating.

As usual I am short of material, especially covers for the Mewsletter. All contributions are welcome. Special thanks to Elena/Avri for creating the new page for Newcomers.

This month's cover represents the other battle for Britain, Stamford Bridge which was fought September 25 1066. After a forced march of 185 miles in 4 days the Saxons under King Harald surprised the Vikings and killed many including their leader Harald Hardraade in what turned out to be the last great battle of the Viking age. The woodcut is by Wilhelm Wetlesen and was obtained through Wikipedia creative commons.

YIS  
Ealasaid

## Anachronists Book Review:

### Lady Eve of Lynn

While I was reading the biography on Isabel of Burgundy I had the feeling that I had come across much of the same information pertaining to Burgundy a long time ago in the form of a historical novel. I was right. While looking for another author, I found Dorothy Dunnett's series on *The House of Niccolo*. I have just reread the first book in the series *Niccolo Rising*, written in 1986. I am looking forward to reading the rest of the series in the coming months. It has been a long time since I visited the fifteenth century merchant class.

There are not that many authors that can make the every day life of a merchant mercenary /or artisan interesting enough to keep you going back for more.

Before Dorothy Dunnett wrote this series she wrote the *Francis Crawford of Lymond* series that take place in sixteenth century. She followed this with *King Hereafter*, the eleventh century novel on the life of Macbeth. If all you know about this person is in the play by Shakespeare, you have a treat in store. You may have to check this book out at your local library. It may be out of print, as it has a copyright of 1982. Well worth the effort to track down.

My thanks to Larry Knutson, for letting me read his up dated version of his *Life of a Norseman; Persona Of Karl Torgeir*. I always enjoy learning of life in other times and lands. Karl took my suggestion that he tell more about his early life. This is a fine addition to a marvelous tale.



### Haire Affaire of the Heart Recipes

Sorry it has taken so long to get these typed up-Ealasaïd

#### Sysseros

1 can chickpeas (about 19 oz)	1 tsp cinnamon
3 Tbsp lemon juice	¼ tsp salt
2 Tbsp almond oil	1 ½ tsp fresh sage
chopped (or ½ tsp dried)	
2-3 Tbsp fresh parsley	

Mix and process in food processor till well blended, serve with pita bread wedges

#### Potage d'oignons

1 1/2 lb onions sliced thin	3 Tbsp flour
3 Tbsp butter	2 quarts beef stock
1 Tbsp oil	1 slice French bread per bowl
1 tsp salt	½ cup grated swiss cheese
1 tsp sugar	½ cup grated parmesan

Simmer onions in butter and oil, covered, till onions wilt (about 20 minutes), add salt and sugar, uncover and cook till deep golden brown (about 45 minutes), sprinkle on flour, cook, stirring till blended, add stock, more salt and pepper to taste, and bring to a boil. Meanwhile butter bread slices, sprinkle with cheeses and broil till melted. Top each bowl of soup with one toast round.

#### Faux Escargot

Use any favorite roll dough, shape as snails, brush with melted butter and garlic. Bake as usual.

#### Chicken with Fennel

1 chicken cut up (or equivalent number of pieces), brown in 2 Tbsp oil, add salt and pepper and cook covered on low heat till done. Grind 3-4 oz unblanched almonds, a handful of fresh fennel (anise) leaves and handful of parsley in food processor. Remove chicken from pan, add almond herb mixture and cook in pan juice till thickened, pour over chicken dust with fine spice mixture. (equal parts black pepper, cinnamon and ginger, ¼ as much saffron and 1/8 as much cloves)

**Escheroyes**

1 lb parsnips and/or carrots, scrape and cut like carrot sticks and steam till tender-crisp

1 onion sliced thin, sauté in olive oil and set aside

Dredge the steamed parsnips/carrots in a mixture of 4 Tbsp flour and 1 Tbsp spice powder [for a batch of spice powder mix 3 Tbsp ginger, 1 ½ , stTbsp cinnamon, 1 tsp grains of paradise (omit if you can't find any), 1 tsp cloves, 2 Tbsp sugar] and fry in the same oil used for the onions, place in center of platter, surround with onions and serve.

**Cormarye**

3 lb pork loin 1 tsp coriander

1 Cup red wine 1 tsp caraway

4 cloves garlic salt as needed

½ cup chicken or pork broth 1/3 tsp pepper

Salt roast, marinate overnight in everything except the broth, roast uncovered 90 minutes at 350, remove meat, add broth to pan juice and boil to make sauce to serve over meat.

**Sweet potato and Apple Pie**

1 lbs sweet potato bake 40 min, peels and slice ¼ inch thick, sprinkle with ¼ cup vinegar

1 lb tart apples, peel, core and slice ¼ inch thick

1/3 cup brown sugar

¼ tsp salt

½ tsp cinnamon

½ tsp ginger

4 Tbsp butter

Mix spices and sugar, add diced butter alternate layers of potato, apple and sugar/spice in pieshell, cover with pastry, bake 450 20 mintes and 350 25 minutes or till done.

Pastry: 2 cups flour, 1 tsp salt, cut in ¾ cup butter, add 1 egg yolk+water to make ½ cup

**Coeur a la Crème**

4 oz cream cheese

1/3 Cup sour cream

2 Tbsp confectioners sugar

½ tsp lemon juice

Pinch salt

Mix well in mixer, force thru sieve if lumps remain, pour into heart moulds lined with cheesecloth and chill at least 4 hrs before unmoulding. Top with raspberry sauce.

## *Newbie's Nook*

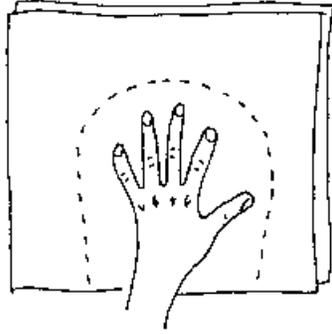
I figured something I as a newbie myself would like to see in the newsletter is information that someone new to the SCA could use. I spend a lot of time online searching for instructions on crafts and projects so that at events I can look more period. Then I thought hey I am a newbie and perhaps with the things I find and do it may help out someone else who is even newer than me. Every month I will either write about a project I have completed or something that will help those new out to make their experience more enjoyable and less stressful.

### *Period Pouches*

In my opinion pouches are a must at any event. Sure you can lug around a basket filled with your purse stuff or you can walk around with that shiny coach purse on your shoulder but why not make your self a more period looking pouch. They are simple and you can make them in any size you want. If you're going to one of those events where you need to keep your wallet and car keys on you, you'll find a pouch is a handy substitute for the pockets your costume doesn't have. If you're feeling creative, make several to match your various outfits, or in different sizes for holding change, sweets, and other valuables.

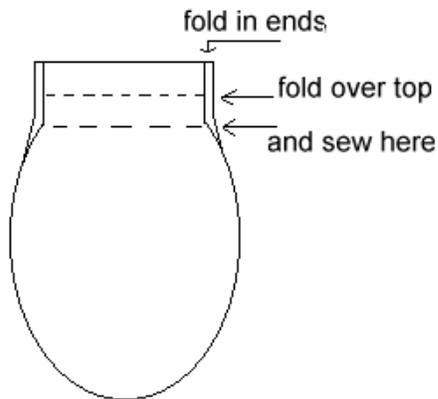
For Poor Man's Pennsic I did not want to carry my modern purse but where would I put the stuff I needed with me like a camera, cigarettes, notebook and so on. So I opened up the tub of scrap material and low and behold the wheels began to turn. I ended up making 5 pouches of various sizes one I gifted to a friend's daughter and that left two each for Andrick and I.

Now you can make either a square pouch or a rounded pouch which ever you prefer. The simplest way I found is to take two squares of material slightly bigger than you want so you can cut out the pattern and have plenty of room for a seam.



On two layers of fabric trace an oval shape or square shape that is larger than your hand. Make one end one of the straight edges of the material for this will be the top opening. I made it with about an inch hem so that I had plenty of room in case the seam was not perfectly straight.

On the end of the fabric that is going to be the opening fold over the sides a half an inch to the wrong side of the fabric and hem about two inches along each side. Then fold the top over to the wrong side of the fabric one inch and sew it down so there is a channel to thread ribbon through later.



Pin the two pieces right sides together so the top edges meet.

Sew around the sides of the pouch being careful to leave the channel at the top open for threading ribbon through.

Turn right sides out.

For the drawstring handles you will need two 18 inch lengths of ribbon or cord and a safety pin. Use the safety pin to thread the cords for your handles by pinning the end of the cord or ribbon and working the safety pin through the channels you sewed. Thread each length of cord through one side of the channel and back through the other, so you have two ends of the same cord on each side of the pouch and when you pull them it closes.

Knot the ends of the cords and trim them if necessary.

Next month look for a simple instruction to a tunic or dress

Elema de Bracy {Avri Czinczky}

## **Greetings to the Shire of Falcon's Keep**

I would like to take this opportunity to thank everyone who put time and effort into Poorman's. Thanks to your work we were once again able to put on a quality event.

Thank you,  
Co-Autocrat  
Mary of Falcon's Keep

## Members in the Candle Light

By: Marie Dudely

**SCA Name:** Alessandro  
Ramealdo da Firenze

**Modern Name:** Jason Welker

**Years in SCA:** 5 Years

**Awards Earned:** Award of  
Arms, Past Shire Champion

**Offices Held:** Chatelaine

**Fighting/A&S Preference:** He  
likes Rapier fighting, pewter cast-  
ing, and vintning (wine making).

**How you found out about the**

**SCA:** Jason was at the Wausau  
Renaissance Fair when he saw  
Lady Alex and Lord Janvier per-  
forming a rapier fighting demo.

Jason then proceeded to talk to them and was invited to come to  
the UW-Steven's Point campus for Monday evening practices.

**What do you like about the SCA:** Jason says, "It is a social or-  
ganization", he likes meeting new people and getting together  
with friends. He also likes the ability to share information and  
skills with other people. He likes how friendly everyone is in the  
organization and how you can start a conversation with anyone at  
events.



**Minutes 8-16-2009**Review Poormans

Rapier went well Asli is the new shire champion.

New shire champion for heavy is Lord Janvier.

Site discussion

It was agreed that we would like to use the site again. We need to separate the lound and quiet camping better. Maybe putting the quiet where the merchants were, with the merchants in the Lions Den building. If we choose to put the quiet campers in the trees we will need to create a separation so public is not walking thru quiet campsites. It was suggested we might have a future arts project to create a separation. We want to have horses back next year. We will further discuss this with the park and Anna so we can again have horses in 2010. We would like to see the fashion show back next year. We need to get out the information sooner next year for people who might want to participate, perhaps turning into a contest. We discussed the need for the porta potties need to be pumped on Saturday morning. We need to change the Sunday close time to 11am. It was also suggested that we have a set up and tear down list to identify task that need to be done and who we have working on them. We talked about better signage to get to the event. Arianna, Asli, Mary and Rogan will be meeting with the Lions Club on Tuesday to review the event with them

Our next suggested date for the event is August 13th-15th.--

We need more volunteers for next year. Great big THANK YOU to those who volunteered.

Storage and equipment

-We talked about moving the storage closer to the new site. Arianna is going to look into prices for possible new storage areas.

-It was suggested that we create new stantions for the list fields. The new fields would be able to be used inside or out, and would be easier to store. Rogan volunteered to make the fields with the shire covering the cost of supplies. A vote was called and passed by all present. The cost will be about \$80. It was also suggested to replace the parking lot poles. A vote was called and passed by all present. Rogan volunteered to make the parking lot poles. The cost will be about \$20.

Upcoming moots/demos

Just to let everyone know the Tomahawk Castle demo is September 19th. Please contact Marie Dudely at chatelaine@falconskeep.org if you are interested in attending.

-The tenative date for the next moot is Sept 13th, 2009 (This may change).

Until next time-

Mary of Falcon's Keep

## **CALENDAR**

### **September 2009**

- 4-7 The Skye is the Limit [Castel Rouge-Gimli MB]
- 4-6 Autumn Rose [Rokeclif-Galesville WI]
- 4-7 Revel in the Vale [Schattentor-Peidmont SD]
- 12 Fall Coronation [Korsvag-Moorhead MN]
- 17-20 Cecil's Siege [Svaty Sebesta-Vermillion SD]
- 25-27 Baronial Anniversary [CaerAnterth-Menominee Fls, WI]
- 26 Tournament of Erewon [Rudivale-Arvilla ND]
- 26 30th Anniversary [Caer Anterth Mawr-Ft Atkinson WI]

### **October 2009**

- 3-4 Midrealm 40 Year celebration [Midrealm-Chicago, IL]
- 9-11 Known World Acad of Rapier & Costuming [Philadelphia]
- 10 Fall Crown Tourney [Windhaven-Fond du Lac, WI]
- 16-17 Griffin Needle Challenge [Jararvellir-Madison WI]
- 24 Masquerade IV [Dreibrucken-Bismark, ND]

### **November 2009**

- 7 Kingdom SUN [Jararvellir-Madison, WI]
- 7 Rhythm and Bruise [Korsvag-Moorhead MN]

### **December 2009**

- 5 Boars Head [Caer Anterth-West Bend WI]

### **January 2010**

- 9 Much Ado about 12th Night [Nordskogen-Columbia Hghts MN]
- 23 It's Only a Flesh Wound [Jararvellir-Jefferson WI]

**Fighting/Rapier practice is held on Monday Evenings at 6pm. Site is rotating. Please check with Vincent.**

## **September Moot**

Sunday, September 13

THL Alex and Janvier's in Stratford

Moot at 1pm, potluck to follow

Weather permitting there will be archery practice

From Wisconsin Rapids - Take Hwy34 north out of Rapids, turn west (left) on Hwy 10. Follow Hwy 10 to County Hwy S turn north (Right). Stay on Hwy S (it jogs to the west when you get to Hwy C) until you get to Hwy 153. Turn west (Left) on Hwy 153.

\*\*Follow Hwy 153 to County Hwy H. Hwy H ends at 153 turn south (left) (At Teasers strip club) Long Dr is on the left. We are at the end of Long Dr.

From Wausau/ Stevens Point - Take the Mosinee exit off of I39. Pick up directions at \*\*.

From Marshfield - Take County Highway Y (Becker Road) out of Marshfield until County Highway M. Turn right. Stay on M until you get to Hwy 153 (go straight through Rozellville). Turn right on 153 until Hwy H. H only goes to the left (Teasers is on the corner), turn right. Long drive is the second left, we are at the end.

## Web pages of interest:

[www.sca.org](http://www.sca.org)

[www.northshield.org](http://www.northshield.org)

[www.falconskeep.org](http://www.falconskeep.org)

[www.uwsp.edu/stuorg/falcon/index.htm](http://www.uwsp.edu/stuorg/falcon/index.htm)

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Deputy Minister of Arts & Sciences: vacant

Minister of Youth: vacant

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